

Stone Lake Stingrays

January 27, 2010

Dear Stone Lake Pool Members,

Our coaching staff has been secured, and I am pleased to announce the return of coaches Anna Kay Johnson, Jonathan Belfore and Ellen Ligon. New to our staff this summer is Morgan Leigh McClure. Morgan Leigh has been involved with SAIL since 1997 and swam for the Stingrays until leaving for the University of Kentucky last fall. Morgan Leigh also swam for Team Greenville from 1998 through summer 2009. At TG, Morgan Leigh was a State Meet qualifier from 1999-2009. She was a 3 time Sectional qualifier and a 2 time SC Swimming All-State Award recipient. Morgan Leigh brings a commitment to providing young swimmers with opportunities to excel while having fun in the water. We are lucky to have Morgan Leigh join us this summer.

Another new member of our staff is Chris White. Chris is a graduate of Christ Church Episcopal School and will graduate from Louisiana State University in Baton Rouge this May. Upon graduation from high school, Chris accepted a swimming scholarship to LSU and was a valuable member of the LSU Tiger swim team for 4 years. Chris has a passion for swimming and a love of working with children. His knowledge of swimming and good nature will be a huge asset to our swim program. Below are some highlights from Chris's extensive swim resume.

At LSU:

Lettered all 4 years

Men's Team Captain Senior year

SEC finalist all 4 years

Ranked in the nation in college swimming

Held the team's fastest breaststroke times Freshman & Junior year

Top 10 All Time breaststroker at LSU

National Qualifier

All SEC Community Service Team Senior year

All SEC Community Service Team Junior year

Received Academic Excellence honor

Represented the swim team on the Student-Athlete Advisory Council

Selected LSU Student Athlete of the Month

Led the swim team with LSU Champs/Life Skills Program Sophomore, Junior and Senior year

Prior to College:

Began swimming at age 5 and swam competitively for 16 years

Swam SAIL for 9 years

Classic record holder

Varsity Swim Team for Christ Church Episcopal School 7th - 12th grades

CCES Team Captain Junior and Senior year

Swam at Team Greenville for 12 years
Junior National qualifier
Multiple State Champion
Multiple Sectional Champion
Multiple year Zone Team member
USA nationally ranked breaststroker
SC State record holder
Sectional record holder
Zone record holder
High School All-American

Coaching experience:

Head Coach at Greenville Country Club 2006
Coach at LSU Swim Camp 2007 & 2008
Private Stroke Lessons 2004-2007

Community Service:

Special Olympics swim coach from 2001-2005
Special Olympics golf coach 2005
Camp Greenville Downs Syndrome Camp

We are fortunate to have such a talented and knowledgeable coaching staff this summer. I have already met with the coaches several times to formulate our plans for the summer. They are enthusiastic about working with our swimmers and have several ideas to help improve the quality of swim instruction we offer. Our coaches are committed to helping our swimmers achieve their full potential while having fun. With this staff on board, I'm looking forward to a great summer.

More information about registration and scheduling will be coming in the next few weeks. In the meantime, try to find some pool time for your swimmer. If you have any questions about swim instruction or Pre-SAIL clinics currently available, please let me know.

Thank you,
Holly Melton
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